



Get the Skills for Success

Why Studying NLP & Coaching Gives You The (AI) Edge





Get the Skills for Success



So, what are the Skills for Success?





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Communication Skills.

Emotional Intelligence.

Flexibility.

Problem-Solving Skills.

Leadership Skills.

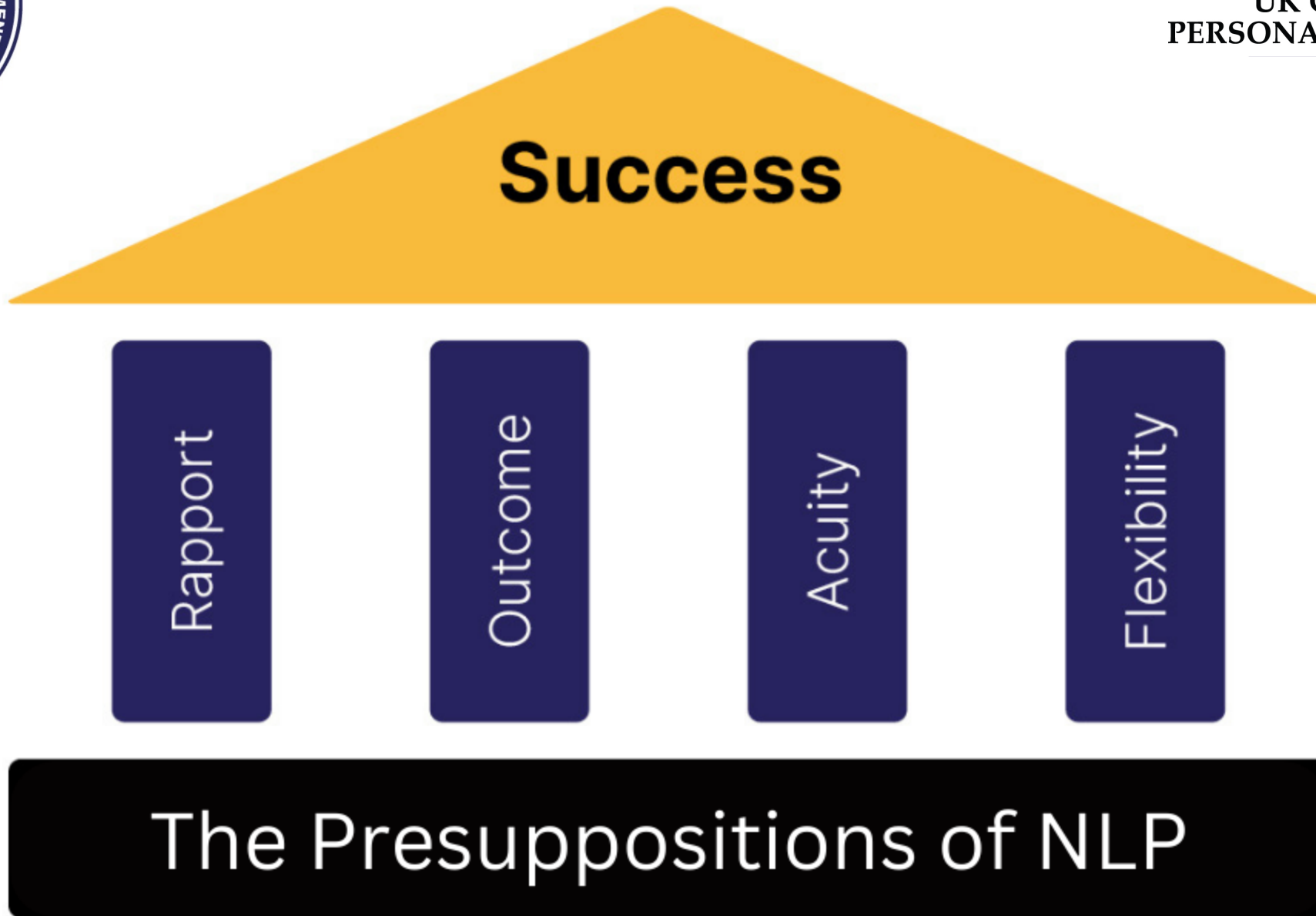
Goal Setting & Coaching Skills.

Critical Thinking.

THE
7
Skills for Success



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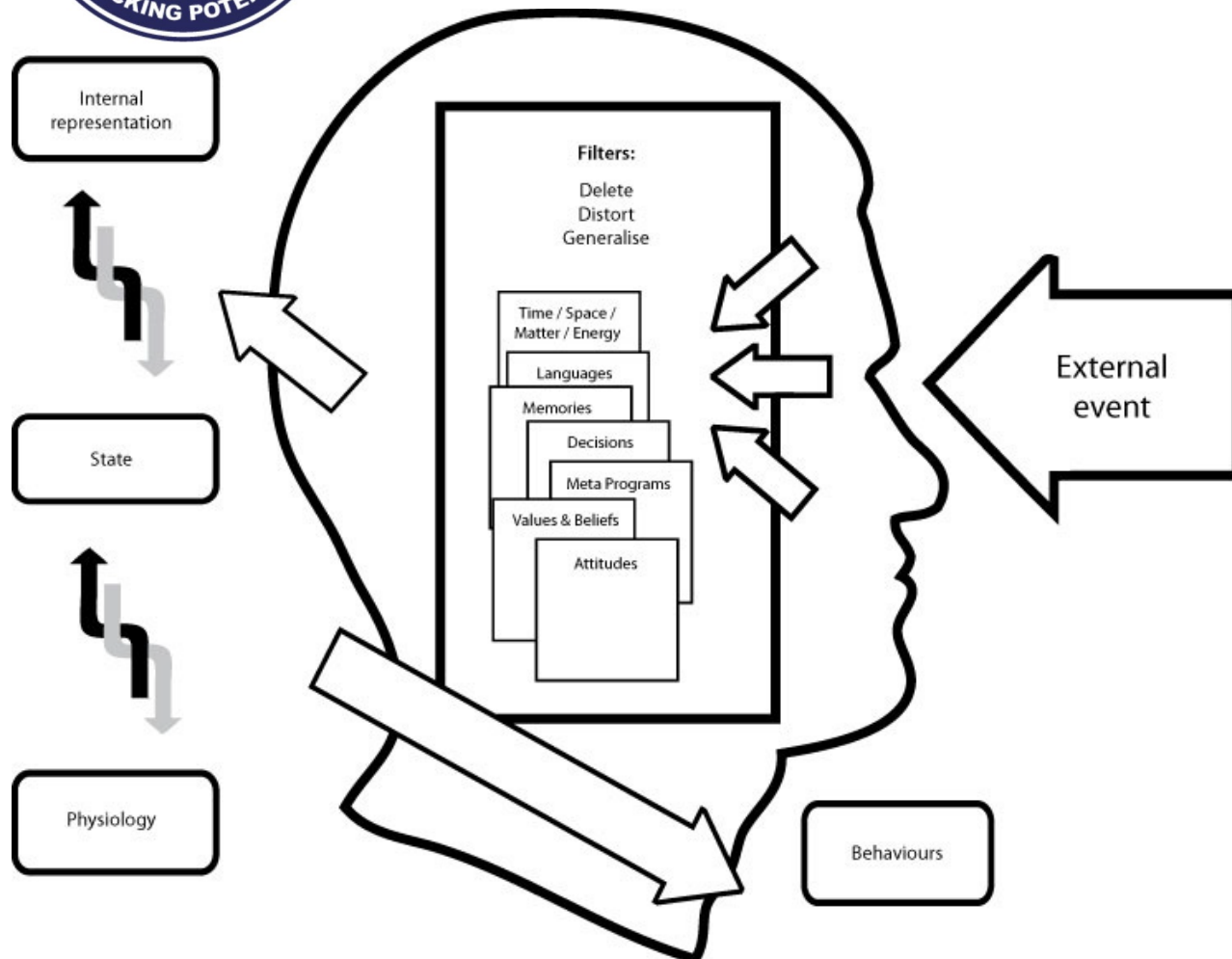
1. Communication Skills

Effective communication is the cornerstone of success in any field. It involves listening attentively, articulating ideas clearly, and adapting communication styles to different audiences. Strong communication skills foster better teamwork, collaboration, and customer relations.

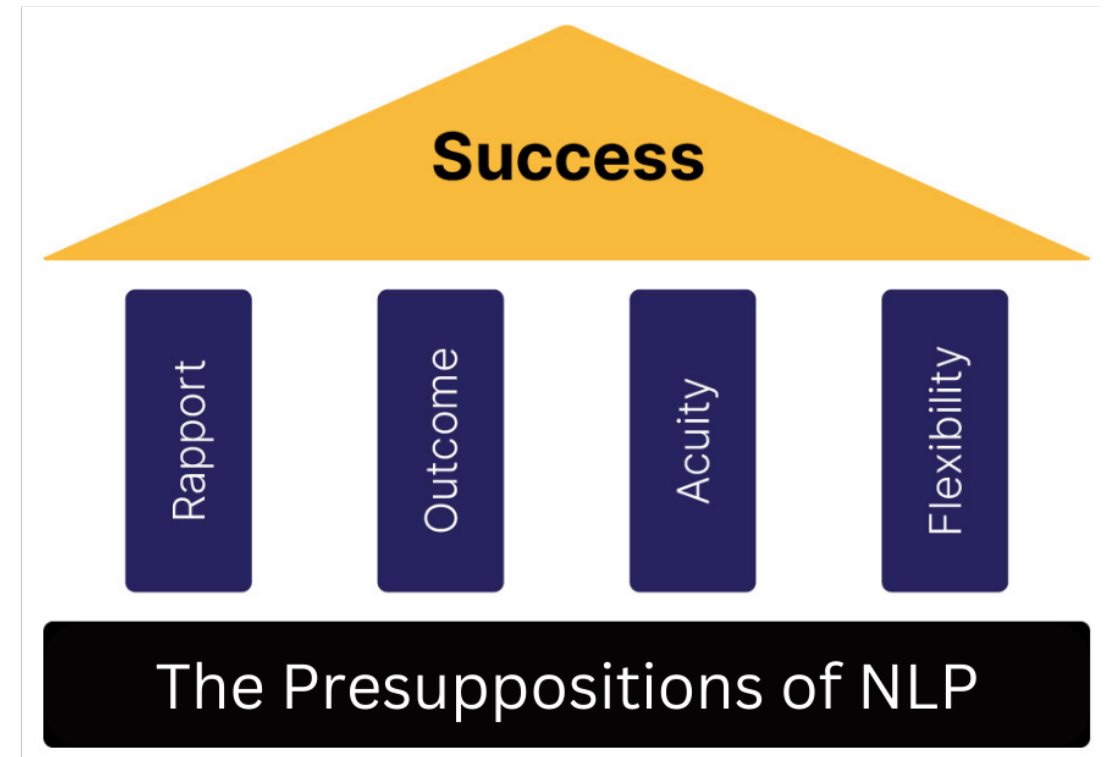
Enhancing your communication abilities will enable you to convey your thoughts concisely and influence others positively.



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The NLP Model Of Communication



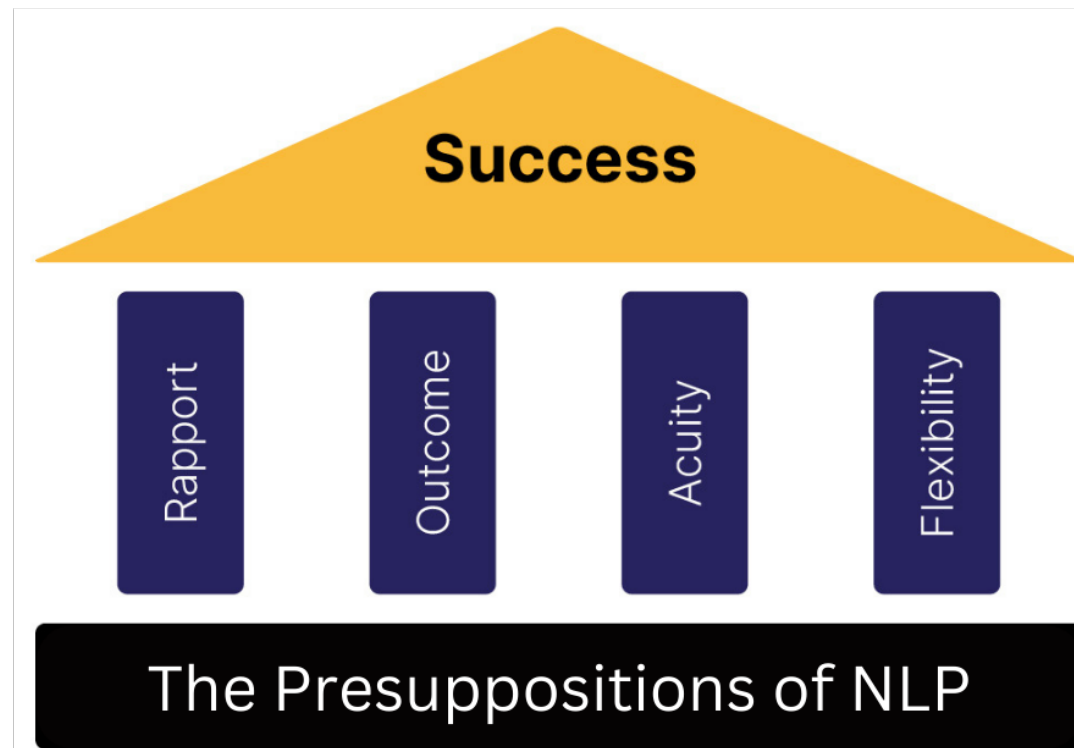


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2. Emotional Intelligence

Emotional intelligence (EI) refers to the capacity to recognize and manage emotions, both in oneself and others. It involves empathy, ***self-awareness***, and the ability to handle interpersonal relationships with tact and sensitivity.





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3. Flexibility

In today's dynamic workplace environment, or life in general, flexibility is crucial. It is the ability to respond positively to changing circumstances, learn new skills, and embrace innovation.

Those who can quickly adapt to new technologies, procedures, and work environments are highly valued.



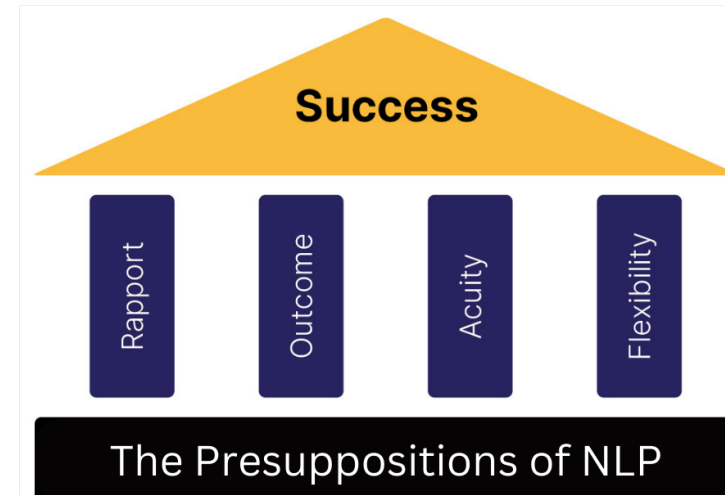
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3. Flexibility

Being adaptable demonstrates your willingness to embrace challenges, think creatively, and continuously improve. By staying flexible, you position yourself as a valuable asset to your family, friends, community, and employer .

Flexibility of ***behaviour*** and ***thinking*** are key.





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4. Problem-Solving Skills

Problem-solving skills involve the ability to analyse complex situations, identify solutions, and make sound decisions. Effective problem solvers are resourceful, logical, and proactive.

They can think critically, evaluate options, and implement strategies to overcome obstacles. Enhancing your problem-solving abilities allows you to approach challenges with confidence and contribute innovative ideas to your organization.



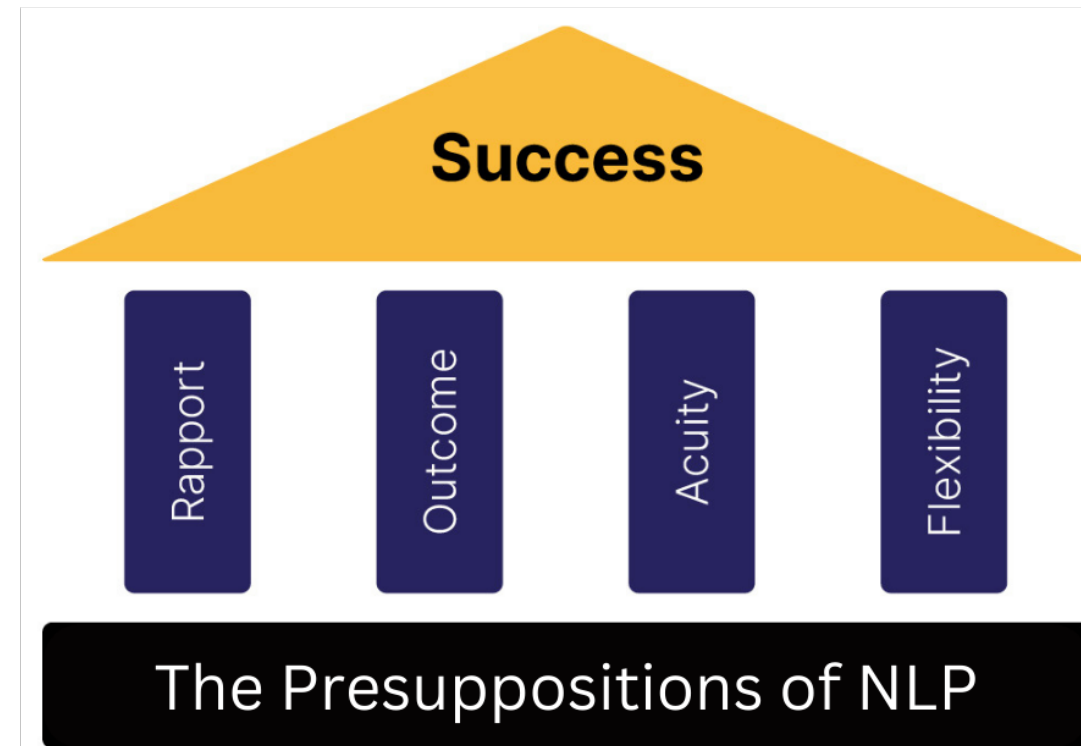
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4. Problem-Solving Skills

NLP models are a fantastic resource in this area, from S.C.O.R.E to Logical Levels of Change to mention just two.

And, once again, the Four Pillars are key to this success.





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5. Leadership Skills

Leadership involves motivating, inspiring, and influencing others to achieve common goals. Whether you're leading a team or exploring the notion of Self-Leadership, the following key skills are essential.

Effective leaders demonstrate strong communication, decision-making, and problem-solving skills while fostering collaboration and trust.



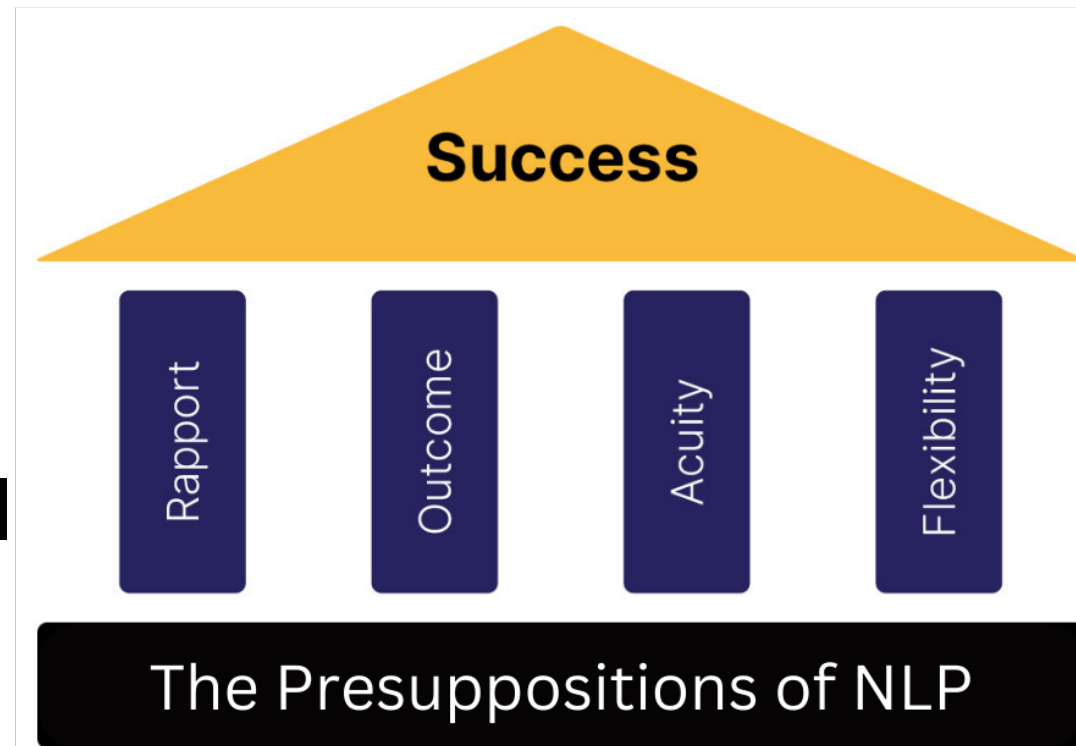
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6. Goal Setting & Coaching Skills.

NLP & Coaching are all about the future.. Goals, or better put – Outcomes.

The NLP Well-Formed Outcomes model is essential for personal goal setting and for Coaching success.





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- **7 Critical Thinking.**

Critical thinking is a vital success skill because it enables individuals to objectively analyse information, evaluate different perspectives, and solve problems effectively.

This skill fosters informed decision-making, adaptability, and innovation, empowering individuals to navigate challenges and achieve personal and professional growth.

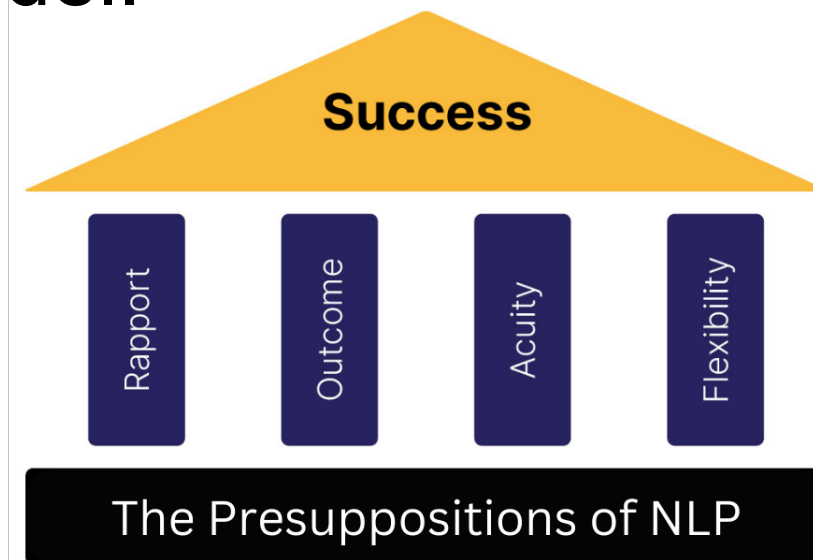


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- **7 Critical Thinking.**

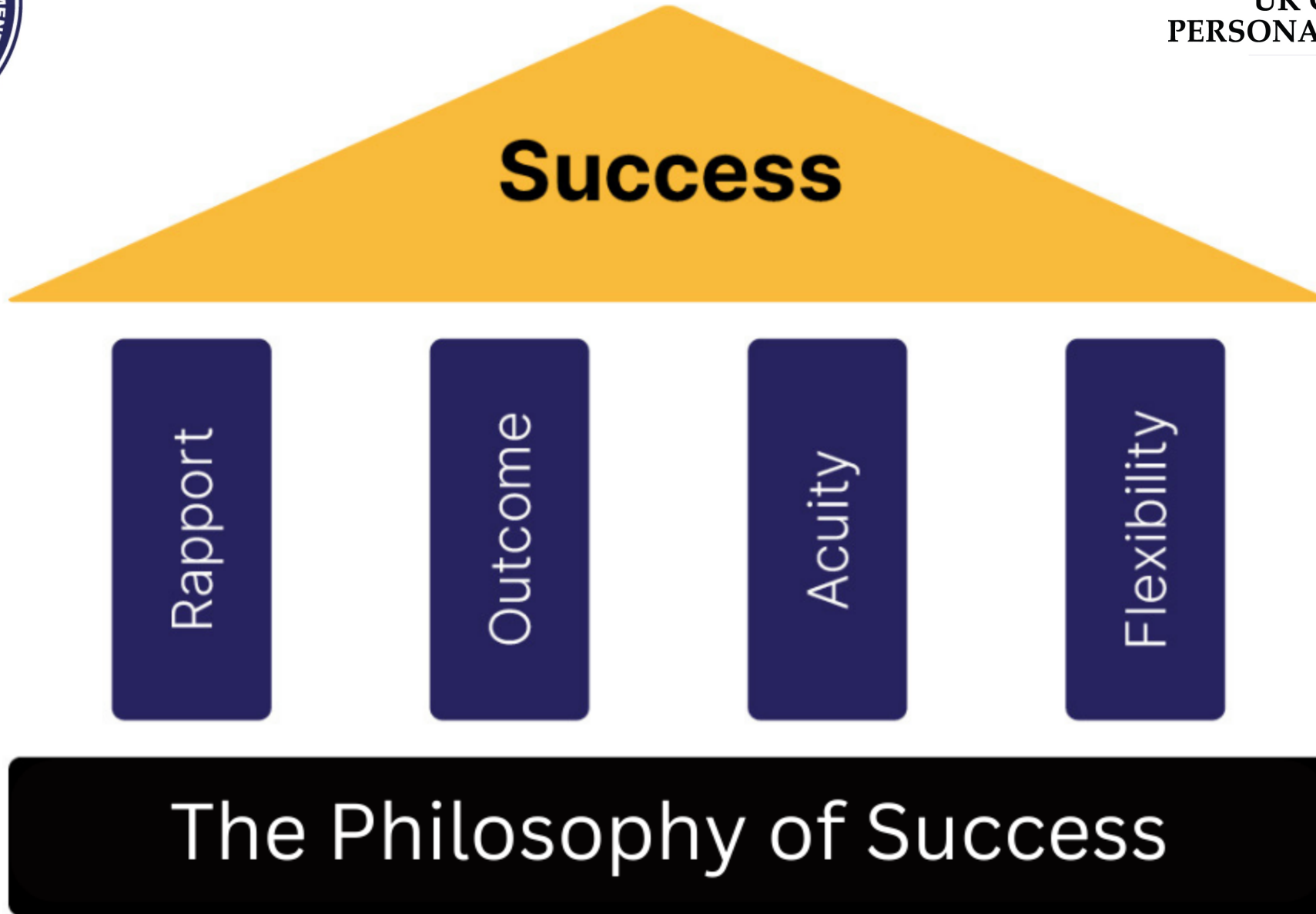
Once gain, the Four Pillars are key,
plus the NLP Language Pattern:
The Meta Model.



John Grinder & Richard Bandler



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- There is No Failure, there is Only Feedback
- If You Always Do What You've Always Done - You'll Always Get What You've Always Had
- The Person With the Most Flexibility of Behaviour Will Control the System
- It's not what happens that makes the difference, it's what you do with it
- If you want to understand – Act



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- An 18- or 20-day LIVE online training course.
- Accredited by the ANLP, AC and the IANLP.
- Includes *First Aid Mental Health For Coaches*
- A year's Free Student Membership of the AC
- A year's Professional Membership of the ANLP
- Business Development Programme
- Free Listing on Coach Directory (CoachFinder)
- UKCPD Membership
- Discounted Insurance
- Ongoing CPD





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Any Questions?

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